SUCCESS AFTER SCHOOL

3 HOUR CAREER INTERVENTION WORKSHOP FOR SENIOR HIGH SCHOOL STUDENTS IN INDONESIA

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PROBLEMS

• Senior High School Student
• Exploration Phase (Super, in Sharf, 2011)
• Failure in Career Decision Making
  — High Frequency of Major Change in Univ.
  — High Rates of Drop Out in Univ.
• Most students have not had any work experience and have had little to no access to relevant career information.
  — No comprehensive psychological
INTERVENTION

• 3 PART MODEL OF CAREER GUIDANCE (Brown, Brooks, & Associates, 1996)

1. SELF ASSESSMENT
2. CAREER EXPLORATION
3. DECISION MAKING THROUGH COUNSELING
Part 1 – Needs identification through assessment

• CAREER THOUGHTS INVENTORY
  (Samson, Peterson, Lenz, Reardon & Saunders, 2003)

• a self-administered, objectively scored measure of dysfunctional thinking in career problem solving and decision making
Part 2-Self-exploration through workshop and discussion

Career Wheel – Admunson & Poehnell, 2004 in Neault, 2012
Part 2-Self-exploration through workshop and discussion

<table>
<thead>
<tr>
<th>Component</th>
<th>Method/Instrument</th>
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<tr>
<td><strong>SKILLS</strong></td>
<td>• SOFT &amp; HARD SKILL CHECKLIST</td>
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<td><strong>INTEREST</strong></td>
<td>• SELF DIRECTED SEARCH (Holland, 1997)</td>
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<td><strong>VALUES</strong></td>
<td>• LIFE VALUES INVENTORY (Brown, Duane and R. Kelly Crace, 1996)</td>
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<td><strong>PERSONAL STYLE</strong></td>
<td>• DISC PROFILE (2003)</td>
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<td><strong>SIGNIFICANT OTHERS</strong></td>
<td>• SIGNIFICANT OTHERS CHECKLIST</td>
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<tr>
<td><strong>EDUCATIONAL BACKGROUND</strong></td>
<td>• EDUCATIONAL BACKGROUND CHECKLIST</td>
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<td><strong>WORK &amp; LEISURE EXPERIENCE</strong></td>
<td>• WORK &amp; LEISURE EXPERIENCE CHECKLIST</td>
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<td><strong>LABOUR MARKET</strong></td>
<td>• 2012 INDONESIAN JOB LIST</td>
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Part 3-Decision-making process through counseling

- Individual / Group Career Counseling
- 40 trained Counselors (32 hour Counseling Career workshop, 60 hour Counseling Skills workshop)
- Individual Recommendations
PROGRESS & CHALLENGES

• Conducted since 2000
• Supervised & Revised by Roberta Neault (Life Strategies, Canada) in October 2012
• Evaluate the effectiveness by conducting ongoing Research “The Effectiveness of Success After School Workshop” (will finish on June 2013)
• Using Hiebert’s Post-pre approach
• Effective Model in INDONESIA
References


